



FREE Bikeability Level 3 courses

OCTOBER HALF TERM 2019

The West Sussex Road Safety Team are offering **FREE** Level 3 Bikeability courses during the October Half Term break.

The Bikeability [Level 3](#) course aims to develop riders' skills and confidence so they can ride in diverse road environments, including complex, often busy roads and junctions, sometimes with speed limits above 30 mph.

Successful demonstration of National Standard assessment criteria in Bikeability Level 2 is a prerequisite for participation in Bikeability Level 3.

Courses will run at the following locations and dates:

(Trainees only need to attend one session/2 hours)

The Arena Sports Centre, Westloats Lane, Bognor Regis, PO21 5JD

Monday 28 th October	9.00 – 11.00 and 11.15 – 13.15
Tuesday 29 th October	9.00 – 11.00 and 11.15 – 13.15
Wednesday 30 th October	9.00 – 11.00 and 11.15 – 13.15
Thursday 31 st October	9.00 – 11.00 and 11.15 – 13.15

Littlehampton Wave, Sea Road, Littlehampton, BN16 2NA

Monday 28 th October	9.00 – 11.00 and 11.15 – 13.15
Tuesday 29 th October	9.00 – 11.00 and 11.15 – 13.15
Wednesday 30 th October	9.00 – 11.00 and 11.15 – 13.15
Thursday 31 st October	9.00 – 11.00 and 11.15 – 13.15

The Bridge Leisure Centre, Wickhurst Lane, Broadbridge Heath, Horsham, RH12 3YS

Monday 28 th October	9.00 – 11.00 and 11.15 – 13.15
Tuesday 29 th October	9.00 – 11.00 and 11.15 – 13.15
Wednesday 30 th October	9.00 – 11.00 and 11.15 – 13.15
Thursday 31 st October	9.00 – 11.00 and 11.15 – 13.15

To book your session, please follow the link below and complete the online application form, adding the code '**OCTOBER 19**' in the comments section:

<https://www.westsussex.gov.uk/roads-and-travel/road-safety/cycle-safety-courses-for-schoolchildren/#level-3-course>

Places are booked on a first come first served basis.

Trainees will need a roadworthy bike and a cycle helmet to take part.

If you have any questions please call 03302228651 or 03302226260