

Discover

Littlehampton Children &
Family Centre

A Solihull Approach Group for parents and carers



Understanding
your child

Solihull Approach

Would you like to learn more about your child's development?

Would you like to understand more about the ways children behave?

Do you know why children have temper tantrums or sulk?

Would you like to meet parents or carers with children of a similar age?

We will be running a group for parents and carers with at least one child aged under eleven, who want to know more about parenting, how children develop, and to have a better understanding of children's behaviour.

We will explore issues like:

- Having fun together
- Development needs
- Behaviour difficulties
- Communication
- Parenting styles
- Sleep



The courses are **free of charge** with a **free crèche** available (limited places)
Please contact us on 01903 276840 or speak to a member of staff in the Children & Family Centre.