

Arun Hub

# Enabling Families

Are you a parent facing challenges?  
Are you worried about a family situation or problem?  
Would it help to talk it through

Littlehampton Children and Family Centre  
Clun Road, Wick, Littlehampton BN17 7DZ

Bognor Regis Children and Family Centre  
85 Victoria Drive, Bognor Regis PO21 2TB

Sessions are held at the following venues  
Between 9.30 – 12.30

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|--|---|
| Littlehampton Children and Family Centre               | Bognor Regis Children and Family Centre |
| 2 <sup>nd</sup> and 4 <sup>th</sup> Wednesday of month | 1 <sup>st</sup> Tuesday of month        |

Please note: Each appointment is approximately 30 minutes. Sessions will not be held on Public Bank Holidays and other dates may be subject to change.

"I can usually find a solution myself or with a little direction I can"

"I need some guidance to help me solve the problem for myself"

Families please call Littlehampton Children & Family Centre on 01903 276840 & Bognor Regis Children & Family Centre on 01243 642924 for further information and to book an appointment

